

# THE SEVEN VIRTUES

FOR  
PERCUSSION TRIO

by AARON STAEBELL

SOCIETY SPEAKS A GREAT DEAL OF "THE SEVEN DEADLY SINS", AND WE OFTEN HEAR SAYINGS LIKE 'PATIENCE IS A VIRTUE'. WE NEVER STOP TO RECOGNIZE THE SEVEN HEAVENLY VIRTUES, THE OPPOSITES OF EACH OF THE DEADLY SINS. THESE VIRTUES ARE ESPECIALLY IMPORTANT TO US IN A TIME WHERE THEY ARE NOT OFTEN EXHIBITED. THROUGH A CLOSER EXAMINATION OF EACH OF THESE VIRTUES, WE CAN IMPROVE OURSELVES AND THE LIVES OF THOSE AROUND US. MY HOPE IS THAT MY MUSICAL REPRESENTATION OF EACH WILL HELP TO MAKE US THINK AND CONSIDER WAYS TO INCORPORATE EACH OF THESE VIRTUES INTO OUR DAILY LIVES.

INSTRUMENT REQUIREMENTS FOR  
*The Seven Virtues*

**DILIGENCE**

Three floor toms with towels over the heads

**RESTRAINT**

P1: Two snare drums and a cymbal

P2: Three concert toms and a cymbal

P3: Bass drum and triangle

**CHARITY**

P1: Vibraphone

P2+P3: Marimba

**PURITY**

Two triangles each (one higher than the other)

**COURAGE**

(same as *Charity*)

**PATIENCE**

P1: Triangle and Woodblock

P2: Temple Blocks and Vibraphone

P3: Sleigh Bells

**KINDNESS**

(same as *Charity* and *Courage*)

# DILIGENCE

#1 from *The Seven Virtues*

Aaron Staebell

Floor Tom with towel over the head

Floor Tom with towel over the head

Floor Tom with towel over the head

5

Perc.

Perc.

Perc.

9

Perc.

Perc.

Perc.

13 **A** *slower*

Perc.

*slower*

Perc.

*slower*

Perc.

17

Perc. Perc. Perc.

Detailed description: This system contains measures 17 through 20. It features three staves of percussion. The top staff has a complex rhythmic pattern with eighth and sixteenth notes. The middle staff is mostly silent, with some activity in the later measures. The bottom staff has a steady eighth-note pattern. The system concludes with a double bar line.

21 **B** Tempo I

Perc. Perc. Perc.

Tempo I

Tempo I

Detailed description: This system contains measures 21 through 24. It features three staves of percussion. A box labeled 'B' is placed above measure 21. The tempo is marked 'Tempo I'. The top staff has a rhythmic pattern with accents. The middle staff has a steady eighth-note pattern. The bottom staff has a steady eighth-note pattern. The system concludes with a double bar line.

25

Perc. Perc. Perc.

Detailed description: This system contains measures 25 through 27. It features three staves of percussion. The top staff has a rhythmic pattern with accents. The middle staff has a steady eighth-note pattern. The bottom staff has a steady eighth-note pattern. The system concludes with a double bar line.

28

Perc. Perc. Perc.

3 3

Detailed description: This system contains measures 28 through 31. It features three staves of percussion. The top staff has a rhythmic pattern with accents and triplets. The middle staff has a steady eighth-note pattern. The bottom staff has a steady eighth-note pattern. The system concludes with a double bar line.